



**PARLO
TOURS**
EXPERIENCES MATTER

SCKM-AK

airasia

Colorful Yunnan & Shangri-la

• 七彩云南 & 香格里拉 •

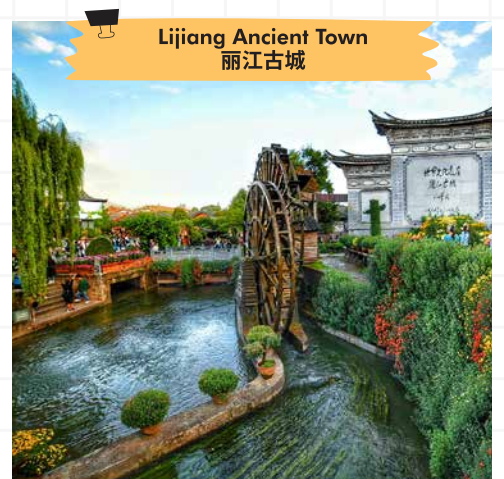
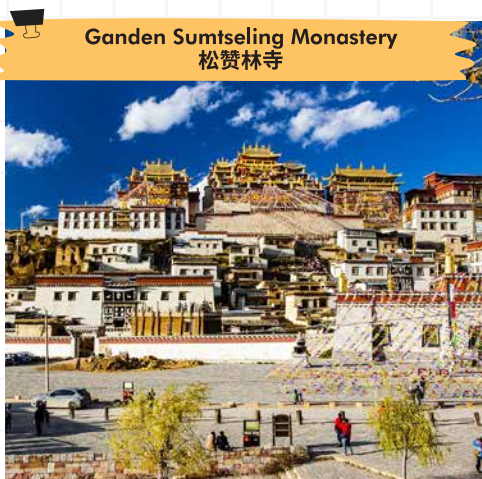


8D
7N

Kunming, Shilin, Jiuxiang, Lijiang, Shangri-la, Dali
昆明, 石林, 九乡, 丽江, 香格里拉, 大理

No
SHOPPING
STOP
全程无购物站

SCAN ME!



Valid from Apr 2024 有效期从2024年4月

Tiger Leaping Gorge
虎跳峡



Features 行程特色

- Special arrange seasoning flower admire scenic area ~ A four seasons flower blooming in Yunnan.
- Visit the filming locations of the movie "Meet Yourself" ~ Erhai, Dali Ancient Town and Xizhou Ancient Town.
- Instagrammable Spot ~ Erhai Ecological Corridor.
- Visit the natural karst landforms, world natural heritage site ~ Stone Forest Scenic Area.
- Visit the underground karst caves Jiuxiang Scenic Area by cable car and boat ride.
- Explore Lijiang Ancient Town ~ A well preserved town of ethnic minorities.
- Take a glacier park cableway to visit the beautiful Jade Dragon Snow Mountain.
- Visit the largest Tibetan Buddhist monastery in Yunnan ~ Ganden Sumtseling Monastery.
- Visit the longest, deepest and narrowest gorge in China ~ Tiger Leaping Gorge.
- Savour Yunnan Local Delicacies ~ Yiliang Roast Duck, Mushroom Steamboat, Naxi Feast, Tibetan Tsampa Feast, Claypot Fish, Cantonese Specialty, Cross Bridge Rice Noodles, ...

n Overnight stays
隔夜住宿

- 特别安排四季赏花景点 ~ 四季鲜花开不败, 云南无处不飞花。
- 游览电视剧《去有风的地方》取景地 ~ 洱海、大理古城和喜洲古镇。
- 网红打卡点 ~ 洱海生态廊道。
- 游览典型的喀斯特地貌, 经过亿万年地质变化形成的世界自然遗产 ~ 石林风景区。
- 乘搭索道和游船游览地下大小溶洞 ~ 九乡风景区。
- 游览小桥流水, 古朴悠静的中国历史文化名城 ~ 丽江古城。
- 乘搭冰川公园大索道, 游览海拔5596米, 壮阔瑰丽的玉龙雪山。
- 参观有“小布达拉宫”之称, 云南藏传佛教的首要寺庙 ~ 松赞林寺。
- 游览中国落差最大的峡谷, 以奇险雄壮有名, 号称“长江第一峡” ~ 虎跳峡。
- 品尝云南道地风味餐 ~ 宜良烤鸭、野生菌火锅、纳西晚宴、藏式土司宴、砂锅鱼风味、粤式风味、过桥米线...



Total number of meals 行程总餐数



Breakfast
早餐 : 7



Lunch
午餐 : 7

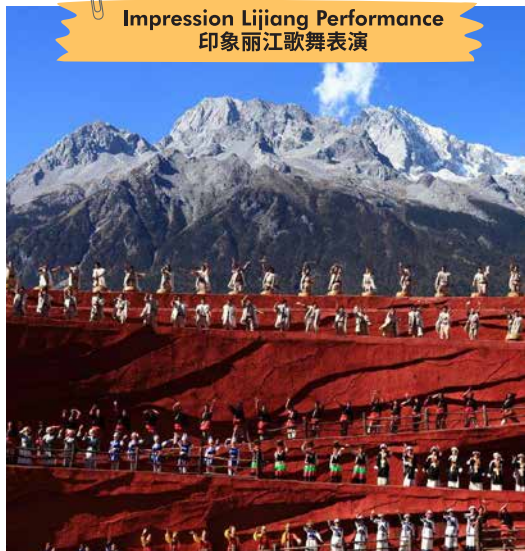


Dinner
晚餐 : 7

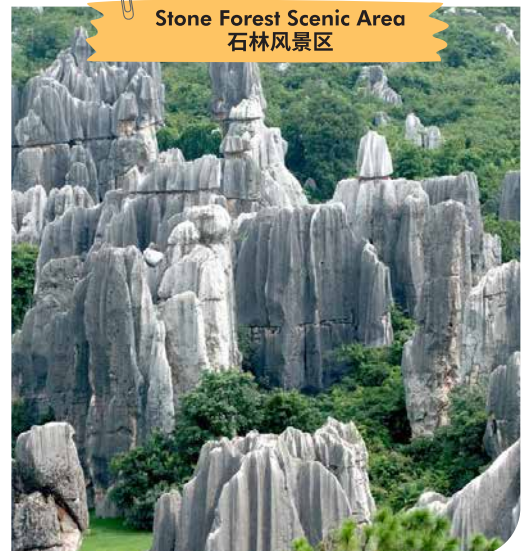


NIL
自理 : 0

Impression Lijiang Performance
印象丽江歌舞表演



Stone Forest Scenic Area
石林风景区



Itinerary Detail

详情行程

8D7N Colorful Yunnan & Shangri-la
8D7N 七彩云南 & 香格里拉

SCKM-AK

Valid from Apr 2024
有效期从2024年4月

Day
01

Kuala Lumpur 吉隆坡 → Kunming 昆明 (103km) 🚗 Shilin 石林



Meal onboard / (D) Flower Feast
机上用餐 / (晚) 鲜花宴



Tong Ce International Hotel, Shilin - 5* or similar
同策国际酒店, 石林 - 5* 或同级

Day
02

Shilin 石林(60km) 🚗 Jiuxiang 九乡(86km) 🚗 Kunming 昆明

- * **Stone Forest Scenic Area** (entrance & buggy included) ~ walking through the site, marvel at the natural stone masterpieces and bewitched by the magnificent formations, distinguish characteristic, a typical example of karst topography.
- * **Jiuxiang Scenic Area** (entrance, one way cable car & boat ride included) ~ comprehensive scenic area famous for its underground karst caves, intoxicating natural landscapes, humanity sights and ethnic culture of the Yi Minority.
- * **石林风景区** (含门票 & 电瓶车) ~ 典型的喀斯特地貌, 经过亿万年的地质变化而形成。主要由大、小石林, 乃古石林, 芝云洞, 长湖, 大叠水等景区组成。
- * **九乡溶洞风景区** (含门票、单程索道 & 游船) ~ 溶洞景观为主体, 洞外自然风光、人文景观、民族风情为一体的综合性风景名胜。拥有上百座大、小溶洞, 为国内规模最大、数量最多、溶洞景观最奇特的洞穴群落体系。廊坊都觉得别有洞天。



(B) Hotel / (L) Yiliang Roast Duck Specialty / (D) Mushroom Steamboat
(早) 酒店 / (午) 宜良烤鸭 / (晚) 野生菌火锅



Wyndham Hotel, Kunming - 5* or similar
温德姆酒店, 昆明 - 5* 或同级

Day
03

Kunming 昆明(4 hour) 🚗 Lijiang 丽江

- * Take the high-speed rail to Lijiang
- * **Lijiang Ancient Town** ~ a well-preserved city of ethnic minorities. Its central hub is Square Street, from which the four main streets extend in different directions, forming a network of countless lanes that connect every corner of town.
- * **Black Dragon Pool** ~ which was named after a legendary black dragon living in the pool in ancient times.
- * 乘坐动车前往丽江
- * **丽江古城四方街** ~ 中国历史文化名城唯一没有城墙的古城, 城内景色优美, 小桥流水, 古朴悠静, 还有一些古色古香的小购物店。古城保留了大片明清时代的居民建筑, 均是土木结构瓦屋面楼房, 多数为三坊一照壁, 也有不少四合院, 融合了纳西、白、汉等民族建筑艺术的精华。
- * **黑龙潭** ~ 传说丽江龙王黑龙的龙宫就在此地, 加之潭水又特别幽深, 故名“黑龙潭”, 又名玉泉公园, 始建于清乾隆二年, 充分利用自然山水加以人工改造的园林。



(B) Hotel / (L) Chinese / (D) Mabang Specialty
(早) 酒店 / (午) 中式合菜 / (晚) 马帮菜



Lijiang International Hotel, Lijiang - 5* or similar
丽江国际大酒店, 丽江 - 5* 或同级

Day
04

Lijiang 丽江

- * **Jade Dragon Snow Mountain** (glacier park cableway, buggy & public coach included) ~ a glacier mountain consisting of 13 peaks with the highest peak of 5600m covered by snow all year round, are like silver dragon lying in the clouds.
- * **Dry Sea Meadow** ~ an abundant pasture and view of the holy beauty from the meadow to Jade Dragon Snow Mountain.
- * **White Water River & Blue Moon Valley** (buggy included) ~ enjoy the serenity of cascading waterfalls and the unique terraced terrain, while sipping some pure spring water. In the background, snow-capped peaks stand imposingly against the sky.
- * **Yushui Village** ~ it is considered to be the holy land of Dongba, which is the place of origin of Lijiang.
- * **Yufeng Temple** ~ it is a historical witness of the peaceful coexistence and syncretism of multinational cultures and religions, and still plays a very important role in acculturation of Naxi Ethnic Group.
- * **Impression Lijiang Performance** (ticket included) ~ a cultural extravaganza performed outdoors with the breathtaking Jade Dragon Snow Mountain as the backdrop.
- * **玉龙雪山** (含门票、大雪山索道、电瓶车 & 环保车) ~ 中国最南边的雪山。全山13峰, 峰峰终年积雪不化, 最高海拔5596米, 如一条矫健的玉龙横卧山巅。
- * **干海子** ~ 仰视玉龙雪山全貌, 最近的、也是最佳之地。原为高山冰蚀湖泊, 后来雪线上升, 积水减少以至干涸, 于是人称“干海子”。
- * **白水河 & 蓝月谷** (含电瓶车) ~ 雪山积雪融化后经岩层过滤成泉水而涌出, 最终汇成此河。白雪皑皑的山峰为背景, 水质纯净, 白石为底, 清澈明晰, 也因此得名。
- * **玉水寨** ~ 保留了纳西族传统古朴的风貌, 与周围优美的自然景观交相辉映, 真正体现了“人与自然和谐发展”这一纳西族传统理念, 东巴文化之真谛。
- * **玉峰寺** ~ 藏语扎西曲培林, 意为“吉祥弘法苑”。丽江五大红教喇嘛寺之一。玉峰寺共有3个院落, 著名的“万朵山茶”就在西北面偏院中。
- * **印象丽江歌舞表演** (含门票) ~ 以雪山为背景, 以民俗文化为载体, 著名导演张艺谋主导, 100匹悍和400多名当地演员倾力出演, 展现了原生态的民族民间歌舞神韵的大型实景演出, 一场能让我们短时间内了解丽江文化。



(B) Hotel / (L) Snow Mountain Specialty / (D) Naxi Feast
(早) 酒店 / (午) 雪山风味 / (晚) 纳西晚宴 (篝火打跳)



Lijiang International Hotel, Lijiang - 5* or similar
丽江国际大酒店, 丽江 - 5* 或同级

Day
05

Lijiang 丽江 🚗 Shangri-la 香格里拉

- * **Harmony Tazhongta** ~ it is built as the way of the Tibetan Buddhist pagoda, which means that there is a pagoda outside and inside.
- * **Tibetan Family Visit** ~ experience the original ecology of the Tibetan custom-themed interactive activities.
- * **Napahai Lake** ~ during the rainy season, the lake expands and the water will rush through the nine holes and empty into the Jinsha River; during the dry season, the water recedes and grassland appears.
- * **Ganden Sumtseling Monastery** (entrance & public coach included) ~ being the largest Tibetan Buddhist monastery in Yunnan.
- * **和谐塔中塔** ~ 按照藏传佛教塔中塔的方式构建, 指塔外有塔, 塔在塔中。
- * **白天藏家访** ~ 走进藏家, 感受原生态的藏民风俗以及参观其藏家特色装饰。
- * **纳帕海** ~ 海拔3,266米, 香格里拉最有高原特色的风景区之一, 也是全县最大的草原。纳帕海是一个季节性湖泊, 因湖中绿草繁盛, 故又名草海。
- * **松赞林寺** (含门票 & 环保车) ~ 有“小布达拉宫”之称。寺庙建于1679年, 依山而建, 面湖而居, 气势恢弘, 庄严神秘, 是云南藏传佛教的首要寺庙。



(B) Hotel / (L) Chinese Cuisine / (D) Tibetan Tsampa Feast
(早) 酒店 / (午) 中式合菜 / (晚) 藏式土司宴



Hilton Garden Inn Hotel, Shangri-la - 5* or similar
希尔顿花园酒店, 香格里拉 - 5* 或同级

Day
06**Shangri-la 香格里拉(307km) 大理 Dali 大理**

- * **Dukezong Ancient City** ~ which means "Sun and Moon City" in Tibetan. It's one of the most well preserved ancient city.
- * **Guishan Garden** ~ built on the hillside, on top of the hill is Chaoyang Building, which is three stories high.
- * **Tiger Leaping Gorge** (entrance included) ~ it is the longest, deepest and narrowest gorge in the world.
- * **Xizhou Bai Ethnic** ~ visit the preserved Bai Ethnic residential buildings, enjoy the traditional Bai Ethnic dance performances.
- * **独宗客古城** ~ 藏区有名的“日月城”，香格里拉县城里真实活着的古镇。此古城是保存得最好、最大的藏民居群，而且是茶马古道的枢纽。
- * **龟山公园** ~ 建于康熙年间，此园依山而建，山顶是朝阳楼，高三层，登上楼顶，日月城尽收眼底。
- * **虎跳峡** (含门票) ~ 世界上落差最大的大峡谷，以奇险雄壮有名，号称“长江第一峡”。
- * **喜州白族居民** ~ 参观保存得最完好的白族民居建筑群，品尝白族三道茶“一苦二甜三回味”，先苦后甘，能提神补气，以及欣赏白族传统歌舞表演。

(B) Hotel / (L) Chinese / (D) Claypot Fish Specialty
(早) 酒店 / (午) 中式合菜 / (晚) 砂锅鱼风味Landscape Hotel, Dali - 5* or similar
兰林阁酒店, 大理 - 5* 或同级Day
07**Dali 大理(335km) 昆明 Kunming 昆明**

- * **Dali Ancient Town** ~ one of the "Three Ancients" of Dali Scenic Spot. The traditional Bai ethnic folk houses give the city distinctive feel. Walk along the cobble-paved streets in the ancient city, with a sense of primitive simplicity and elegance.
- * **Foreigner Street** ~ providing snacks with the traditional flavors of the Bai ethnic community.
- * **Erhai Ecological Corridor** ~ a photo stop to view the beautiful scenic of Erhai.
- * **Dali Santorini** - (buggy included) ~ located on the eastern side of Erhai Lake, this utopian paradise is a romantic place for you to relax and enjoy afternoon tea.
- * **大理古城** ~ 此古城为棋盘式建筑，保存完好的白族民居，小巧的庭院，静静的街道，古色古香。您可以在古城里远眺三塔。
- * **洋人街** ~ 被悉心保存下来，作了别有风情的茶楼食肆，这里每家小楼小院都有白族的精品建筑；三坊一照壁、四合五天井，越过照壁，穿过每一廊坊都觉得别有洞天。
- * **洱海生态廊道** ~ 连接自然古朴的村庄，通达碧波荡漾的洱海，这个“湖滨呼吸道”就是洱海生态廊道
- * **大理“圣托里尼”** (含上行电瓶车) ~ 理想那位于洱海东岸，沿途巷子里种满了各种花草，街道诗情画意，蜿蜒曲折，如梦如幻。

(B) Hotel / (L) Bai Ethnic Specialty / (D) Cantonese Specialty
(早) 酒店 / (午) 白族风味 / (晚) 粤式风味Wyndham Hotel, Kunming - 5* or similar
温德姆酒店, 昆明 - 5* 或同级Day
08**Kunming 昆明 吉隆坡 Kuala Lumpur 吉隆坡**

- * **Daguan Tower** ~ The three floors and the three pools in front of the building are named after the the moon.
- * **Pu'er Tea DIY + Taste Yunnan Pu'er Tea.**
Seasonal Flower Sightseeing Arrangement: Mid Apr – Mid May: Jacaranda | End Sep – End Oct: Golden Autumn Chrysanthemum
- * **大观楼** ~ 始建于清康熙年间，因园内建有一座附长联的三层楼和楼前的三潭印月而得名。
- * **体验普洱茶泡制过程 + 品尝云南地道普洱茶。**
赏花季节限定：4月中 - 5月中 ~ 赏独有蓝花楹 | 9月底 - 10月底 ~ 金秋菊花展

(B) Hotel / (L) Cross Bridge Rice Noodles / Meal on board
(早) 酒店 / (午) 过桥米线 / 机上用餐**Other information 其他信息：**

- Seasonality: **Spring** (Mar - May) / **Summer** (Jun - Aug) / **Autumn** (Sep - Nov) / **Winter** (Dec - Feb)
- Currency: Chinese Yuan (RMB)
- Optional: Dynamic Yunnan Performance approx. RMB280/paxx (*subject to change without any prior notice*)
- NO Shopping Stop
- Tour commentary will be conducted in Mandarin with simple English or Cantonese translation by Tour Leader.
- All pictures shown are for illustration purposes only, actual may varies.
- The itinerary is subject to availability, and Parlo Tours may charge additional fees if needed during the tour.
- Parlo Tours can modify the sequence, amend or cancel hotel accommodations, meals, and sightseeing activities in the itinerary due to unforeseen circumstances, such as peak periods, trade fairs, major events, or force majeure.
- Parlo Tours is not responsible for extra expenses incurred by individuals due to transportation delays, changes, illness, adverse weather conditions, or force majeure. Participants in tour do so at their own risk.
- Parlo Tours is not liable for omissions or errors in printing or presentation, whether in the itinerary, brochures, or other media. Parlo Tours reserves the right to correct such errors as needed.
- Itineraries, meals, hotels and transportation are subject to change without prior notice.
- Kindly refer to Parlo Tours Sdn Bhd's terms & conditions and company policy for full details.
- 季节: 春季 (三 - 五月) / 夏季 (六 - 八月) / 秋季 (九 - 十一月) / 冬季 (十二 - 二月)
- 货币: 人民币 (RMB)
- 自费: 云南映象歌舞表演 大约人民币280/人 (*如有更改恕不另行通知*)
- 全程无购物站
- 全程使用中文讲解, 领队将以英文或粤语简约地说明。
- 所有图片仅供参考, 实际可能有所不同。
- 行程安排严格以可用性为准, Parlo Tours 在旅行规划或进行的过程中如有需要, 可能会收取额外费用。
- Parlo Tours 会根据不可预见的情况 (高峰期、贸易展览会、重大活动或不可抗力活动) 修改行程顺序、更改或取消酒店住宿、用餐和观光活动。
- Parlo Tours 不对个人因交通延误、更改、疾病、恶劣天气条件或不可抗力活动而产生的额外费用负责, 参加旅行的人需要自行承担风险。
- Parlo Tours 不对行程、宣传册或其他媒体中的遗漏或错误承担责任。Parlo Tours 保留根据需要更正此类错误的权利。
- 行程、膳食、酒店住宿和交通可能会有所更动, 恕不另行通知。
- 请详细阅读Parlo Tours Sdn Bhd的条款和公司政策。

Operated by

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