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**TURKISH
AIRLINES**

Iceland Extreme Nature

• 探索冰岛之旅 •



SCAN ME!



11D
8N

Reykjavik, Hella, Kirkjubaejarklaustur, Breiddalsyik, Myvatn, Akureyri
雷克雅维克, 海德拉, 克劳斯图尔, 布雷兹达斯维克, 米湖, 阿克雷里



Seljalandsfoss Waterfall
塞片里雅兰瀑布



Amphibian Boat Tour
两栖船游

Valid from Apr 2024 有效期从2024年4月

Itinerary Detail

详情行程

11D8N Iceland Extreme Nature
11D8N 探索冰岛之旅

SEOK-TK/QR

Valid from Apr 2024
有效期从2024年4月

Day
01

Kuala Lumpur 吉隆坡 ➡ Oslo, Norway (Via Istanbul or Doha) 奥斯陆, 挪威 (途径伊斯坦堡或多哈)



Meal on board
机上用餐

Day
02

Oslo 奥斯陆 ➡ Reykjavik, Iceland 雷克雅维克, 冰岛



Meal onboard / (D) Local
机上用餐 / (晚) 道地



Grand Hotel, Reykjavik - 4* or similar
大酒店, 雷克雅维克 - 4*或同级

Day
03

Reykjavik 雷克雅维克

- * **Reykjavik City Tour** ~ view the Hallgrímskirkja church, the Perlan Buidling, Lake Tjornin, the Hofdi House and the City Hall.
- * **Perlan Museum 360 Observation Deck** (entrance included) ~ give an amazing 360° view of Reykjavik and the surrounding area.
- * **Blue Lagoon** (entrance included) ~ The most popular and complete Blue Lagoon experience. The access offers enhanced lagoon entry, with accessories included use of silica mud mask, towel and one drink of your choice.
- * **福基斯矿业公园** (含门票) ~ 这是一个独特的主题公园, 您将有机会了解矿工的生活并参观真实的地下矿坑
- * **希腊本地特产** ~ 参观希腊领先德本地特产, 有机生物蜂蜜、橄榄油、橄榄油肥皂和希腊传统sipouro酒。在这里, 您有机会亲身体验如何包装橄榄油肥皂和灌装橄榄油。除此之外, 还有试吃体验。



(B) Hotel / (L) Local / (D) Thai
(早) 酒店 / (午) 道地 / (晚) 泰式



Grand Hotel, Reykjavik - 4* or similar
大酒店, 雷克雅维克 - 4*或同级

Day
04

Reykjavik 克雅维克(71km) ➡ Golden Circle Excursion 金环之旅(75km) ➡ Hella 海德拉

- * **The Thingvellir National Park** ~ the most important historical site and a place of vivid beauty. The Vikings established the world's first democratic parliament here in AD 930. The meetings were conducted outdoors, and as with many saga sites, there are only the stone foundations of ancient encampments.
- * **The Geysir** ~ is the original hot-water spout after which all other geysers are named. You must wait no more than 10min for the hot spring to shoot an impressive 15m to 30m plume before vanishing down its enormous hole.
- * **Gullfoss** ~ Iceland's most famous waterfall. Is a spectacular double cascade. It drops 32m, kicking up tiered walls of spray before thundering away down a narrow ravine.
- * **辛格韦德利国家公园** ~ 记载了维京人于公元930在这里建立了世界上第一个民主议会, 也是冰岛最重要的历史遗址。除此之外, 这里还有唯一一个古营地的石基。
- * **间歇泉** ~ 冰岛语意为爆泉, 其最高喷水高度居冰岛所有喷泉和间歇泉之冠, 也因此成为世界著名的间歇泉之一。喷发前, 沸腾的水喷出而形成碗状, 然后中间的水柱变成蒸气直上空中约20公尺高处。每次喷发过程大约持续1~2分钟, 然后渐归平息。这一过程周而复始, 不断反复, 十分壮美。
- * **黄金瀑布** ~ 冰岛最最著名的瀑布, 也是冰岛最漂亮的瀑布之一。这个宽2500米、高70米的瀑布之所以被赋予黄金之名, 除了因为河水本身略带黄色的缘故外; 亦因黄昏时候, 整座瀑布会被日落的太阳染成金黄色, 造成有如黄金般的珍贵美景而命名。



(B) Hotel / (L) Local / (D) Local
(早) 酒店 / (午) 道地 / (晚) 道地



Stracta Hotel, Hella - 3* or similar
斯特拉塔酒店, 海德拉 - 3*或同级

Day
05

Hella 海德拉(99km) ➡ Skogar 斯科加尔(259km) ➡ Kirkjubaejarklaustur 克劳斯图尔

- * **Lava Centre** (entrance included) ~ is an interactive, high-Tech educational exhibition depicting volcanic activity, earthquakes and the creation of Iceland over millions of years. Included exhibition, short film and viewing deck.
- * **Seljalandsfoss Waterfall** ~ it has a narrow cascade but is one of Iceland's highest waterfalls, at 63m. The waterfall is highly picturesque and has the rare distinction that one can walk behind it.
- * **Skogafoss** ~ is one of the biggest and most beautiful waterfalls on the island with an astounding width of 25m and a drop of 60m. Take the challenge to climb the stairs on the eastern side of the falls which offer great views of the falls to visitors.
- * **Dyrhólaey Bird Cliff** ~ its impressive arch-shaped cliff where visitors can get some stunning panoramic views.
- * **The Black Sand beach** ~ world-famous black sand beach found on the South Coast of Iceland, just beside the small fishing village of Vík í Mýrdal.
- * **Ice Cave Tour** (entrance included) ~ travel with ease in a super jeep to the ice cave. Experience this truly unique natural wonder, admiring the breathtaking combination of fire and ice within one of the rarest natural phenomena.
- * **熔岩中心** (含门票) ~ 一个高科技教育展览, 描绘了数百万年来的火山活动、地震和冰岛的创造, 包括展览、短和观景台。
- * **塞片里雅兰瀑布** ~ 位于冰岛西南部南部区域内, 斯科加尔以西约30公里处的塞里雅兰河上, 垂直高度达60米。在瀑布后面, 悬崖崖底部有一条可供游客穿过的小径。
- * **斯科加尔瀑布** ~ 岛上最大和最美丽的瀑布, 拥有直径25米的惊人宽度。瀑布上的东侧设有楼梯, 提供给游客攀爬到瀑布顶端, 欣赏瀑布美景。
- * **迪霍雷** ~ 令人印象深刻的拱形悬崖, 游客可以欣赏到一些令人叹为观止的全景。
- * **黑沙滩** ~ 位于冰岛南部沿海, 临近小渔村维克伊米德的世界著名黑沙滩。
- * **冰洞之旅** (含门票) ~ 轻松乘坐超级吉普车到达冰洞。体验这个独特的自然奇观, 欣赏火与冰交织的景象, 和罕见自然奇观。



(B) Hotel / (L) Arctic Char / (D) Local
(早) 酒店 / (午) 冰岛鱼 / (晚) 道地



Foss Hotel Nupar, Kirkjubaejarklaustur - 3* or similar
福斯酒店努帕, 克劳斯图尔 - 3*或同级

Day
06Kirkjubaejarklaustur 克劳斯图尔(45km) 🚗 Skaftafell 斯卡夫塔费德(57km) 🚗 Jökulsárlón 冰河湖(231km)
Breiddalsvik 布雷兹达斯维克

- * **Skaftafell National Park** ~ the second national park, established in 1967 contains some of the most precious natural pearls of the country. It is known as one of Iceland's most beautiful places with its magnificent contrasts of white glaciers, black sands and green meadows.
- * **Amphibian Boat Tour** (40min ride) ~ is an exciting boat trip on the glacier lagoon. During the excursion you sail among the huge icebergs in the picturesque scenery of Jökulsárlón. On the boat you get to taste the 1000-year-old ice and if you are lucky, you might even see some seals. (Includes a specialized guide and life jacket)
- * **Diamond Beach** ~ is famous for its black sand and Icebergs that wash up on the shore, resembling sparkling Diamond.
- * 斯卡夫塔费德国家公园 ~ 第二个国家公园, 成立于1967年, 拥有该国一些最珍贵的自然珍珠。它被认为是冰岛最美丽的地方之一, 以其白色冰川、黑色沙滩和绿色草地的壮丽对比而闻名。
- * 两栖船游 (40分钟航行) ~ 乘船游览冰川泻湖, 在冰河湖和巨大冰山之间航行。在船上品尝1000年历史的冰, 还有机会看到海豹。(包含专人指导和救生衣)
- * 钻石兵沙滩 ~ 该海滩因其黑色的沙子和冲上海岸的冰山而闻名, 这些冰山就像一颗颗闪闪发光的钻石。

(B) Hotel / (L) Local / (D) Local
(早) 酒店 / (午) 道地 / (晚) 道地Breiddalsvik Hotel, Breiddalsvik - 3* or similar
布雷达尔斯维克酒店, 布雷兹达斯维克 - 3*或同级Day
07

Breiddalsvik 布雷兹达斯维克(245km) 🚗 Dettifoss (50km) 🚗 Myvatn

- * **Dettifoss Waterfall** ~ reputed to be the most powerful waterfall in Europe, seeing it up close will surprise you, with a drop of 45m and a width of 100m.
- * **Skutustadagigar** ~ This natural phenomenon takes place when piping hot lava flows over cool, wet grounds and pressurizes the earth downwards.
- * **Dimmuborgir** ~ a lava labyrinth where a partly cooled lava lake which was drained out that left magnificent basaltic pillars and sculptures.
- * **Godafoss Waterfall** ~ also known as "Falls of the Gods". The fourth-largest river in Iceland. It is one of the most spectacular waterfalls in the country, falling from a height of 12 meters.
- * 黛提瀑布 ~ 被誉为欧洲最强大的瀑布, 具有4500万下降和100米的宽度, 当您与它零距离接触会倍感惊喜。
- * Skutustadagigar火山口 ~ 感受当滚烫的熔岩流过凉爽潮湿的地面, 并向压下压时造成的大自然景观。
- * 黑暗城堡 ~ 由排出的熔岩冷却后留下华丽的玄武岩石柱和雕塑熔岩迷宫而形成。
- * 神之瀑布 ~ 又名“众神瀑布”。冰岛第四大河流, 它是该国最壮观的瀑布之一, 从12米的高度飞流直下。

(B) Hotel / (L) Local / (D) Local
(早) 酒店 / (午) 道地 / (晚) 道地Berjaya Iceland Hotel, Myvatn - 4* or similar
成功冰岛酒店, 米湖 - 4*或同级Day
08

Myvatn 米湖(57km) 🚗 Husavik 胡萨维克(94km) 🚗 Akureyri 阿克雷里

- * **Whale watching tour** ~ experience the sight of the mammals in the ocean (approx. 3hrs). A unique adventure at the sea, watching the wonders of nature in the surrounding of Skjalfandi bay into an untamed nature of the North Atlantic.
 - The Orca, Minke, Humpback and Blue Whale often can be seen in the North Atlantic. (97-99% sightings the past years).
 - Includes a specialized guide, light refreshment and warm clothes.
 - Final sailing subject to sea condition.
- * **Akureyri Botanical Garden** ~ an extensive and colourful collection of both cultivated and wild plants.
- * 赏鲸之旅 ~ 在北大西洋体验与海洋最大的哺乳动物近距离的接触(约三小时)以及加深对鲸鱼的认识和兴趣。
 - 观赏逆戟鲸、小须鲸、座头鲸、蓝鲸等等经常可以在北大西洋看到(以往目击纪录高达97%)。
 - 包含括专人讲解, 小食及保暖衣服。
 - 最终航行确认受航海天气而定。
- * 阿克雷里植物园 ~ 观赏广泛而多姿多彩的野生植物。

(B) Hotel / (L) Local / (D) Local
(早) 酒店 / (午) 道地 / (晚) 道地Berjaya Iceland Hotel, Myvatn - 4* or similar
成功冰岛酒店, 米湖 - 4*或同级Day
09

Akureyri 阿克雷里 🚗 Reykjavik 雷克雅维克

- * **Sky Lagoon** (entrance included) ~ Immerse yourself in warmth geothermal water. Please bring your own swimsuit. (Included towel and sky body lotion).
- * 天空之湖 ~ 沉泡在温暖的地热泻湖温泉, 请自备泳衣。(包含毛巾和乳液)

(B) Hotel / (L) Nil / (D) Traditional Viking
(早) 酒店 / (午) 自理 / (晚) 传统维京晚餐Grand Hotel, Reykjavik - 4* or similar
大酒店, 雷克雅维克 - 4*或同级Day
10

Reykjavik 雷克雅维克 ➡ Kuala Lumpur (Via Istanbul or Doha)吉隆坡 (途径伊斯坦堡或多哈)

(B) Breakfast Box / Meal onboard
(早) 早餐盒 / 机上用餐Day
11

Arrived Kuala Lumpur 抵达吉隆坡

Blue Lagoon
蓝湖温泉



The Geysir
奥伊亚村



Reynisfjara
黑沙滩



Jokulsarlon Glacier
冰川泻湖



Sky Lagoon
天空之湖



The Thingvellir National Park
辛格韦德利国家公园



* Picture shown are for illustration purpose only * 照片仅供参考

Other information 其他信息：

- Seasonality: **Spring** (Mar – May) / **Summer** (Jun – Aug) / **Autumn** (Sep – Nov) / **Winter** (Dec – Feb)
- Currency: Oslo (Norwegian Kroner), Iceland (Icelandic Krona)
- Tour commentary will be conducted in English with simple Mandarin or Cantonese translation by Tour Manager from Parlo Tours.
- All pictures shown are for illustration purposes only, actual may varies.
- The itinerary is subject to availability, and Parlo Tours may charge additional fees if needed during the tour.
- Parlo Tours can modify the sequence, amend or cancel hotel accommodations, meals, and sightseeing activities in the itinerary due to unforeseen circumstances, such as peak periods, trade fairs, major events, or force majeure.
- Parlo Tours is not responsible for extra expenses incurred by individuals due to transportation delays, changes, illness, adverse weather conditions, or force majeure. Participants in tour do so at their own risk.
- Parlo Tours is not liable for omissions or errors in printing or presentation, whether in the itinerary, brochures, or other media. Parlo Tours reserves the right to correct such errors as needed.
- Kindly refer to Parlo Tours Sdn Bhd's terms & conditions and company policy for full details.

- 季节: **春季** (三 - 五月) / **夏季** (六 - 八月) / **秋季** (九 - 十一月) / **冬季** (十二 - 二月)
- 货币: 奥斯陆 (奥斯陆克朗), 冰岛 (冰岛克朗)
- 行程将由Parlo Tours的导游经理用英语进行讲解, 并理提供简单的中文或粤语翻译。
- 所有图片仅供参考, 实际可能有所不同。
- 行程安排严格以可用性为准, Parlo Tours 在旅行规划或进行的过程中如有需要, 可能会收取额外费用。
- Parlo Tours 会根据不可预见的情况 (高峰期、贸易展览会、重大活动或不可抗力活动) 修改行程顺序、更改或取消酒店住宿、用餐和观光活动。
- Parlo Tours 不对个人因交通延误、更改、疾病、恶劣天气条件或不可抗力活动而产生的额外费用负责, 参加旅行的人需要自行承担风险。
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- 请仔细阅读Parlo Tours Sdn Bhd的条款和公司政策。

Operated by



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