



6D5N Stunning Sri Lanka (SSLK-UL/06)
6 天 5 晚 斯里兰卡之旅 (SSLK-UL/06)

Valid from Nov 2021
有效期从 11 月 2021

CITIES: Colombo, Negombo, Dambulla, Sigiriya, Matale, Kandy, Galle, Kalutara, Balapitiya
城市: 科伦坡, 尼甘布, 丹布勒, 锡吉里耶, 马特莱, 康提, 加勒, 卡卢特勒, 巴勒皮蒂耶

Features:

- ✓ Explore Sri Lanka's land of hidden temples and caves, sacred Buddhist sites and Hindu shrines
- ✓ Explore the impressive caves and UNESCO site ~Dambulla Rock Temple, are well known for the well-preserved Buddhist murals of the 18th century
- ✓ Wander through the golden-roofed Temple of the Sacred Tooth in Kandy, which houses one of Sri Lanka's most important Buddhist relics – a tooth of the Buddha
- ✓ Enjoy Kandy Culture Show ~ a unique show of Sri Lankan traditional dances, in the form of Kandy cultural show
- ✓ Visit UNESCO site ~ Galle Fort, is a fortification first built by the Portuguese on the Southwest coast of Sri Lanka

特色:

- ✓ 探索斯里兰卡隐藏的寺庙和洞穴, 佛教圣地和印度教圣地的土地
- ✓ 探索令人印象深刻的洞穴和联合国教科文组织之地~丹布勒石窟寺, 这里以保存完好的 18 世纪佛教壁画而闻名
- ✓ 漫步于康提金顶~佛牙寺, 这里是斯里兰卡最重要的佛教遗迹之一, 佛牙舍利
- ✓ 观赏康提民俗表演~独特的斯里兰卡传统舞蹈表演, 以康提文化为表演内容
- ✓ 游览联合国教科文组织之地~ 是由葡萄牙人在斯里兰卡的西南海岸建造的堡垒

Day 天	See 看	Eat 美食	Sleep 住宿
1	Kuala Lumpur → Colombo (13km) - 飞机 - Negombo 吉隆坡 → 科伦坡 (13km) - 飞机 - 尼甘布		Jetwing Blue Hotel, Negombo – 5* or similar 蓝杰特威酒店, 尼甘布 – 5*或同级
2	Negombo (128km) - 飞机 - Dambulla (17km) - 飞机 - Sigiriya ➤ Dambulla Cave Temple (entrance included) ~ consists of a complex of Buddhist image houses. This cave temple has the largest number of Buddha statues all housed in one place, including a 14 meter long, colossal figure of the recumbent Buddha carved out of the rock. ➤ Sigiriya Rock fortress ~ a photo stop at the UNESCO-protected Sigiriya Rock Fortress is a sheer volcanic outcrop crowned by a ruined fortress. 尼甘布 (128 公里) - 飞机 - 丹布勒 (17 公里) - 飞机 - 锡吉里耶 ➤ 丹布勒石窟寺 (含入门票) ~ 由一系列佛教形象房屋组成。这座洞穴寺庙拥有最多的佛像, 全部安置在一个地方, 其中包括 14 米长的巨大的卧佛雕像。 ➤ 狮子岩 ~ 拍照打卡于联合国教科文组织之地狮子岩, 是一座真真正实构筑在橘红色巨岩上的空中宫殿有着澳洲艾尔斯岩的自然奇景。	B: Hotel L: Local Buffet D: Hotel Buffet 早: 酒店 午: 道地自助餐 晚: 酒店自助餐	Fresco Water Villas, Sigiriya – 4* or similar 壁画水上别墅酒店, 锡吉里耶 – 4*或同级

3	<p>Sigiriya (65km) - 🚗 - Matale (25km) - 🚗 - Kandy</p> <ul style="list-style-type: none"> ➤ Matela Spice Garden ~ introduced to different spices and shown how some of these spices are grown and processed. ➤ Temple of the Sacred Tooth Relic (entrance included) ~ a Buddhist temple. When the Buddha's Tooth was brought to Sri Lanka hidden from sacrilegious hands in an Orissan princess' hair, the Relic has grown in repute and holiness in Sri Lanka and throughout the Buddhist world. ➤ City tour of Kandy to view Upper Lake Drive, Market Square, Arts & Crafts Centre and Gem Museum. ➤ Culture Show (entrance included) ~ where you will be taken to mind blowing Sri Lankan culture extravaganza... Get ready for Heavy drumbeat and acrobatic act. <p>锡吉里耶 (65 公里) - 🚗 - 马特莱 (25 公里) - 🚗 - 康提</p> <ul style="list-style-type: none"> ➤ 马特莱香料园 ~ 介绍不同的香料, 并展示了这些香料是如何种植和加工的。 ➤ 佛牙寺 (含入门票) ~ 是神圣的牙遗物寺庙佛教寺庙。当佛陀的牙齿被带到奥里萨公主头发的裹挟手中的斯里兰卡时, 圣物在斯里兰卡和整个佛教世界中成长为圣洁和圣洁。 ➤ 康提市区 观看上湖路、市场广场、工艺美术中心和珠宝博物馆。 ➤ 民族表演 (含入门票) ~ 斯里兰卡文化的狂欢.....为重鼓声和杂技表演。 	<p>B: Hotel L: Local Buffet D: Hotel Buffet</p> <p>早: 酒店 午: 道地自助餐 晚: 酒店自助餐</p>	<p>Amaya Hills Hotel, Kandy – 4* or similar</p> <p>阿马雅山酒店, 康提 – 4*或同级</p>
4	<p>Kandy (222km) - 🚗 - Galle (82km) - 🚗 - Kalutara</p> <ul style="list-style-type: none"> ➤ Stilt Fisherman ~ a photo stop at Stilt fishing, is a method of fishing unique to the island country of Sri Lanka. The fishermen sit on a cross bar called a 'petta' tied to a vertical pole and driven into the sand a few meters offshore. From this high position, the fishermen casts his line, and waits until a fish comes along to be caught. Although the approach looks primitive and ancient. ➤ Galle Fort ~ the site was recognized as a World Heritage Site for its unique exposition of an urban ensemble which illustrates the interaction of European architecture and South Asian traditions from the 16th to the 19th centuries which is criterion number four for such recognition. ➤ A PCR test is included before boarding your returning flight. <p>康提 (222 公里) - 🚗 - 加勒 (82 公里) - 🚗 - 卡卢特勒</p> <ul style="list-style-type: none"> ➤ 高跷渔夫 ~ 拍照打卡于高跷渔夫, 是当地传统的捕鱼方法。是斯里兰卡独特的人文景观, 更是世界上最特别的钓鱼方式。 ➤ 加勒城堡 ~ 加勒堡是在 16 世纪由葡萄牙定居者建造的, 然后在斯里兰卡殖民时期由荷兰人进行了更为严格的加固和扩建。欧洲建筑与南亚传统在建造这座堡垒时的独特结合使加勒堡成为联合国教科文组织世界遗产。 ➤ 含返程登机前 PCR 测试。 	<p>B: Hotel L: Local Buffet D: Hotel Buffet</p> <p>早: 酒店 午: 道地自助餐 晚: 酒店自助餐</p>	<p>Mermaid Hotel & Club, Kalutara – 4* or similar</p> <p>美人鱼酒店及俱乐部, 卡卢特勒 – 4*或同级</p>
5	<p>Kalutara (37km) - 🚗 - Balapitiya (103km) - 🚗 - Colombo</p> <ul style="list-style-type: none"> ➤ Traditional Puppet Art Museum (entrance included) ~ featuring the cultural, religious, and social aspects of the local community. A deep-seated traditional art portrayed through various puppet shows showcasing different characters depicting folk dances and rituals that represent the roots of Sri Lanka. Enjoy the puppet show. ➤ City tour of Colombo to view the Cinnamon Gardens, a tree-lined residential area, Hindu Temple and The Dutch Church. ➤ Sea Street ~ enjoy shopping. 	<p>B: Hotel L: Local Buffet D: Sri Lanka Lagoon Crab (Set)</p>	<p>Hilton Hotel, Colombo – 5* or similar</p>

	<p>➤ Pettah Market ~ enjoy shopping at the Colombo's most hectic shopping district.</p> <p>卡卢特勒 (37 公里) - 🚗 - 巴勒皮蒂耶 (103 公里) - 🚗 - 科伦坡</p> <p>➤ 传统木偶艺术博物馆 (含入门票) ~ 在科伦坡的传统木偶艺术博物馆, 参观者将了解这些木偶的用途, 并且可以观赏木偶表演。</p> <p>➤ 科伦坡市区 观看肉桂花园、绿树住宅区、印度庙和荷兰教堂。</p> <p>➤ 海街 ~ 享受购物乐趣。</p> <p>➤ 贝塔 ~ 科伦坡最大的市场是领略斯里兰卡商业首都生活的最佳地点。该地区有成百上千的小企业, 每家都有独特的产品。</p>	<p>早: 酒店</p> <p>午: 道地自助餐</p> <p>晚: 斯里兰卡螃蟹套餐</p>	<p>希尔顿酒店, 科伦坡</p> <p>- 5*或同级</p>
6	<p>Colombo → Kuala Lumpur</p> <p>科伦坡 → 吉隆坡</p>	<p>B: Hotel</p> <p>L: Meal On Board</p> <p>早: 酒店</p> <p>午: 机上用餐</p>	

Other Information:

- 1 Estimate Climate: 27-35 °C
- 2 Currency: Sri Lankan Rupees (LKR)
- 3 Tour commentary will be conducted in English with simple Mandarin or Cantonese translation by Tour Leader.
- 4 All pictures shown are for illustration purposed only, actual may varies.
- 5 Kindly refer to Parlo Tours Sdn Bhd term & conditions and company policy for full details.

其他讯息:

- 1 气候预测: 27-35 °C
- 2 货币: 斯里兰卡卢比
- 3 全程使用英文讲解, 领队将以中文或粤语简约地说明。
- 4 所有显示图片均仅供为说明用途, 实际可能会有所不同。
- 5 详情请查询 Parlo Tours Sdn Bhd 的条款与细则及公司政策。

Operated by



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THINGS YOU NEED TO KNOW BEFORE TRAVELLING TO SRI LANKA

SUBJECTS	QUESTIONS	ANSWERS
1) Sri Lanka Vaccinated Rate	<ul style="list-style-type: none"> How much of the population is fully vaccinated? 	<ul style="list-style-type: none"> 58.6% with 2 doses, updated on 22 Oct' 21.
2) Type of Vaccine	<ul style="list-style-type: none"> Which type of vaccine accepted by Sri Lanka? 	<ul style="list-style-type: none"> Sinovac, Sinopharm, Pfizer-BioNTech, Sputnik V, Oxford-AstraZeneca, Janssen and Moderna.
3) Before Leaving Malaysia	<ul style="list-style-type: none"> Do we need to be fully vaccinated? Do we need to do a PCR test before departure? Do we need to apply tourist visa? If I test positive, what is the cancellation charge? 	<ul style="list-style-type: none"> Yes. Yes, PCR test taken within 72 hours before boarding your flight. Yes, you need to apply tourist visa before entry to Sri Lanka. Visa fee USD35 per person. (Refer for more details as below link). https://eta.gov.lk/slvvisa/visainfo/weta.jsp Airlines – Ticket to be postponed for future use. Ground Cost – The total value to be transferred to Travel Vouchers (Please refer to T&C for more details).
4) Insurance Coverage for Covid-19	<ul style="list-style-type: none"> Is there any insurance cover for my trip to Sri Lanka? 	<ul style="list-style-type: none"> Please refer tour consultant for further information.
5) Arrival in Sri Lanka	<ul style="list-style-type: none"> Do we need to do a PCR test on arrival in Colombo airport? 	<ul style="list-style-type: none"> No PCR test is required for fully vaccinated Malaysian.
6) Touring in Sri Lanka	<ul style="list-style-type: none"> Is there any SOP to follow? 	<ul style="list-style-type: none"> Face mask mandatory in public places. Temperature assessment at all sightseeing entrances. Hand sanitizer at all areas. All public places and venue with 1m social distancing standards.
7) Shops, Restaurants, Attractions & Entertainment Centres.	<ul style="list-style-type: none"> Are these places open? 	<ul style="list-style-type: none"> Yes, everything is fully opened with compliance to relevant SOPs.
8) Before Leaving Sri Lanka	<ul style="list-style-type: none"> Do we need to do a PCR test? How to perform the PCR test? What happens if I test positive? 	<ul style="list-style-type: none"> Yes, PCR test taken within 72 hours before boarding the flight home. We will arrange a medical team to your hotel and collect the samples to make a test, the results within 24 hours. (Our tour package is inclusive of the PCR test). If you test positive, you will need to quarantine yourself at the quarantine hotel for 14 days. The costs will not be covered unless you have obtained a covid-19 Insurance cover in Sri Lanka by paying USD 12 per person.
9) Arrival in Malaysia	<ul style="list-style-type: none"> Do we need to do a PCR test? What if I test positive? Do we need to quarantine if I test negative? 	<ul style="list-style-type: none"> Yes, PCR test taken at KLIA airport. Travellers who test positive will closely follow Ministry of Health guidelines on quarantine and hospitalization requirements. Yes, you need to quarantine at home for 7 days. (Refer for more details as below link). https://hso.moh.gov.my/outbreak-portal-hga/index

** All the information is subject to change by the relevant authorities without any prior notice.

旅行前须知 – 斯里兰卡

项目	问题	答案
1) 斯里兰卡疫苗接种率	<ul style="list-style-type: none"> 有多少人口完全接种了疫苗? 	<ul style="list-style-type: none"> 58.6% 已完成两剂, 截止 2021 年 10 月 22 日。
2) 疫苗类型	<ul style="list-style-type: none"> 斯里兰卡接受哪种类型的疫苗? 	<ul style="list-style-type: none"> 科兴, 众康可维, 辉瑞, 加马列亚, 阿斯利康强生和莫德纳。
3) 离开马来西亚前	<ul style="list-style-type: none"> 我们是否需要完成接种疫苗吗? 我们需要在出发前进行 PCR 检测吗? 我们需要旅游签证吗? 如果检测结果呈阳性, 取消机票或旅游配套的费用是多少? 	<ul style="list-style-type: none"> 需要。 需要, 登机前 72 小时内需进行 PCR 检测。 需要, 我们需要申请旅游签证进入斯里兰卡。签证费 35 美元/人。(详情请参阅以下链接) https://eta.gov.lk/slvisa/visainfo/weta.isp 航空公司 – 机票将延迟至将来使用。 地接 – 总价值将转入旅行券 (详情请参阅条款与条件)。
4) 新冠病毒保险	<ul style="list-style-type: none"> 斯里兰卡之旅有包含新冠病毒保险吗? 	<ul style="list-style-type: none"> 详情请咨询旅游顾问。
5) 抵达斯里兰卡	<ul style="list-style-type: none"> 抵达科伦坡卡机场后, 我们需要在进行 PCR 检测吗? 	<ul style="list-style-type: none"> 不需要, 已完全接种疫苗的马来西亚人不需要进行 PCR 检测。
6) 在斯里兰卡旅游时	<ul style="list-style-type: none"> 是否要遵守任何标准程序? 	<ul style="list-style-type: none"> 公共场所必须戴口罩。 所有区域入口备有体温测量。 所有区域均配备洗手液。 所有公共场所必须符合 1 公尺社交距离。
7) 商店、餐厅、景点 & 娱乐中心	<ul style="list-style-type: none"> 这些地方营业了吗? 	<ul style="list-style-type: none"> 已完全照常营业, 並符合相关的防疫政策。
8) 离开斯里兰卡前	<ul style="list-style-type: none"> 我们需要进行 PCR 检测吗? 如何进行 PCR 检测吗? 如果我的检测呈阳性怎么办? 	<ul style="list-style-type: none"> 需要, 登机前 72 小时内需进行 PCR 检测。 我们会安排医疗团队到您的酒店并采集样本进行检测, 24 小时内会有结果。(我们的旅游配套已包含此 PCR 检测费用) 如果检测结果呈阳性, 则需要在隔离酒店隔离 14 天。 此费用已包含在您向当地旅行社购买的新冠病毒保险。如果您没有购买此保险, 此费用将自己承担。
9) 抵达马来西亚	<ul style="list-style-type: none"> 我们需要进行 PCR 检测吗? 如果我检测呈阳性会怎样? 如果我检测呈阴性, 需要隔离吗? 	<ul style="list-style-type: none"> 需要, 在吉隆坡国际机场进行 PCR。 检测呈阳性的旅客必须严格遵守卫生部设定的检疫和住院要求指导方针。 需要, 你需要在家自我隔离 7 天。(详情请参阅以下链接). https://hso.moh.gov.my/outbreak-portal-hga/index

** 所有资料如有更改, 恕不另行通知。